



RULES AND REGULATIONS FOR ELEMENTARY SCHOOL VOLLEYBALL

(October 2019)

THE TEAM

A team must consist of at least six players on the court. The total team shall consist of no more than 15 players. Coaches must ensure that all players participate equally throughout the tournament.

THE GAME

An official game will end:

When one team has accumulated 25 points and is ahead by two points. If the game should extend past 25 points, there is a hard cap of 30 points.

A team is allowed one 30-second timeout per game.

Timeouts may be called by either team when the ball is dead. The ball shall be given to the umpire (or referee) at this time. Timeouts shall be called by the coach through the umpire. Players may not leave the court during a timeout, but may receive advice from the coach, who may not enter the court.

SUBSTITUTIONS

In case of injury, the next rotating player on the bench may be substituted into the injured player's position.

Substitution is made into one position only, as dictated by the rotation system being used by the coach. A team's rotation system shall be shared with the opposing coach and officials prior to the game.

Coaches shall make every effort to play all players equally in each game.